LUMINARY

March 2017

The Rev. Canon Timothy M. Dombek



Tools for Spiritual Growth: Lent 2017

Surprising the number of people at Advent I hear about who garden in this part of the valley. Apparently the community garden idea is running strong locally. Spring is that time of year when birds build nests (usually somewhere in our eaves where we don't want them to build), flowers start to appear and bud, and weeds flourish—especially in xeriscape landscape.

Yet spring is ultimately about *new growth*. Even baseball's Spring Training camps reinforce the growth metaphor: players work on base running, fielding and bunting skills; pitchers experiment with adding a new pitch to their repertoire. In keeping with all this new life springing forth, so also we answer God's call to grow in our personal spiritual life, to grow closer to God and each other, expressed in further loving one's neighbor as oneself.

Here at Advent Episcopal Church, we seek to enable and assist you to live a baptized life. To that end, we offer multiple ways to help you add a new spiritual discipline to your practice of following Christ, to ever increase your desire and improve your ability to follow after Jesus of Nazareth. Here are some of the opportunities available to you for your spiritual growth and benefit:

Once again this year we will offer "Wednesday Nights at Church" during the Wednesdays of Lent; that means that following the worship service, we will have a simple supper in Paine Hall and a program each night, following the Wednesday evening 5:00 PM Eucharist.

The topic for this year's Wednesday Nights at Church program during Lent will be on "How To Forgive: Others, Yourself and God." We all know that Jesus calls us to forgive others, as we have been forgiven—we pray as much in the Lord's Prayer whenever we say it. But many people-while knowing they are to forgive others-simply do not know HOW to FORGIVE: It is like they're stuck, and not sure of what to do, or even how to take the first steps.

So this year during Lent, we will offer a five week program on "HOW to FORGIVE: Others, Yourself and God," and best of all, no one will ever know what it is about or who it is your struggling to forgive. That's right. Not only is it **possible** for you to learn how to forgive someone without telling me or anyone else what it's about, but it is actually the best way to *learn how to forgive*, because you are more likely to fully engage the learning process on how to do it since it's strictly private to you and you alone.

Intrigued? Then I hope to see you in Paine Hall on Wednesday evenings in Lent, following the Wednesday evening 5:00 PM Eucharist, for a simple supper and lessons in "How to Forgive."



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Continued from front page

On Saturday, March 11, we will offer a Lenten Quiet Day, "Lord, Have Mercy," featuring The Rev. **Howard Storm**, on the topic of prayer. This program will run from 9:00 AM to 3:00 PM, and includes lunch, provided once again by the Daughters of the King, on a freewill offering basis (please be generous). Howard Storm is one of the most credible and inspiring people who has gone through a life transforming

Near-Death Experience (NDE), at a time in his life when he was a committed atheist. Additionally, he will share the riveting story of his NDE on Sunday afternoon, March 12, beginning at 2:00 PM in the church. This is free, and open to the public. Invite a friend! You do not want to miss hearing this incredible and inspiring story, recounted in his book, "*My Descent in Death: A Second Chance at Life*," including a forward by the author Anne Rice.

The Ruth Chapter of the Daughters of the King will once again offer Stations of the Cross in the nave of the church on Fridays in Lent, beginning at 12 Noon, followed by a brief meditation and table talk—you're invited to bring a brown bag lunch and join in the conversation.

For people who might wish to do some study on their own during Lent, allow me to make a few suggestions:

Crazy Christians: A Call to Follow Jesus, by Michael B. Curry, the Presiding Bishop of The Episcopal Church. In this slender volume, you'll read some of Bishop Curry's best writings and sermons given during his years as a bishop. In it he lays out the call to join in the Jesus Movement, of which the Episcopal Church is only one branch. With firm conviction, humor and grace, Bp. Curry calls us all to become "crazy Christians," that is, Christians "…[crazy enough to love like Jesus, to give like Jesus, to forgive like Jesus, to do justice, love mercy, walk humbly with God—like Jesus. Crazy enough to dare to change the world from the nightmare it often is into something close to the dream that God dreams for it." Inspiring! Prepare to be challenged and changed.

The Heartbeat of God: Finding the Sacred in the Middle of Everything, by Katerine Jefferts-Schori. This is a book for people who want to serve God and change the world; the 26th Presiding Bishop of the Episcopal Church lays out her message quite plainly: "As Christians—indeed as people of faith of any tradition—we are called to tend to the needs of the least among us. Our response to them must be the response of faith... The challenge is this: will our hearts respond with a strengthened beat, in tune with God's own heartbeat, sending more life out into the world?" One of the Church's most articulate and passionate calls to mission. Ever.

Falling Upward: A Spirituality for the Two Halves of Life, by Richard Rohr. In one of his best works, Franciscan monk and priest, Richard Rohr, calls us to spend the second half of our life in drawing closer to God through love of neighbor, self, and generosity. "Most of us tend to think of the second half of life as largely about getting old, dealing with health issues, and letting go of life, but the whole thesis of this book is exactly the opposite. What looks like falling down can largely be experienced as 'falling upward.' In fact, it is not a loss but somehow actually a gain, as we have all seen with elders who have come to their fullness.

• Explains why the second half of life can and should be full of spiritual richness

Offers a new view of how spiritual growth happens: loss is gain."

from Amazon.com

Lastly, a self-directed program for learning how to pray will be available in the narthex of the church, and Paine Hall, entitled: "*The Secret of Abundant Living: Learning How to Ask,*" by Herb Miller. Just faithfully follow the instructions, and if "used fifteen minutes daily for fourteen consecutive days, [it will] enable you to experience God's peace, joy, and power in a way you have never known before." Sound too good to be true? Actually, this exercise takes a little determination and discipline—but not too much. Perfect for people not used to "doing something" for Lent. *Try it!* There you have it: Tools for Spiritual Growth for Lent 2017. May God richly bless you and your sincere efforts to draw closer to God, each other, and your own

beautiful made-in-the-image-of-God self.

FROM THE JUNIOR WARDEN

Thank you, members of Advent, for placing your trust in me by electing me to the Vestry. My new assignment as your Junior Warden will bring many challenges and I will do my best to fulfill these responsibilities.

First off, I would like to thank Flavia Namicos for leaving the many pieces well organized and for sharing much needed information. I have 'hit the ground running' this past month as I have been learning the ins and outs of maintenance of our church and the puzzle of the keys.

Of major importance this past month was selecting and ordering a new ice machine. The cost of this will be paid out of the Open Memorial Fund. It has been ordered and should be delivered and installed in March.

I welcome your suggestions and your inquiries about needed maintenance. We are a church of many opinions and ideas. I assure you that all will be considered and decisions will be made on the priorities of need, budget, and approval by other members of the Vestry when necessary.

Harry Roumell

Junior Warden

NEW OPPORTUNITIES TO SERVE IN WORSHIP

The Worship Team would like to introduce a new opportunities for those who would like to take a more active role in the worship service. Presently at Advent, the altar party is made up of youth acolytes, Lay Eucharistic Ministers (LEMs—formerly known as "Lay Ministers"), and clergy; the LEMs also serve as Lectors, but this is about to change. A new ministry is being formed for those who would like to serve as a Lector, a lay person skilled in public reading of scripture, who will come forward from the congregation to read one of the lessons during the service.

There are many in our congregation who enjoy reading the Word, but do not have a desire to serve as an acolyte or LEM. The reverse of this is that we believe there are some who feel a call to serve at the altar as an acolyte/LEM, but have no desire to read a lesson from the pulpit. Creating the ministry of Lector will open up the door for those to fulfill that calling, and also provide the opportunity for someone who wishes to serve at the altar, but not read a lesson. Those already serving as LEMs will still continue to serve as Lectors, sometimes while vested, sometimes coming up from the congregation. This opens the door for broader participation in the liturgy from our members—thank you to those who already serve; welcome to those who will answer this call to a new liturgical ministry.

If you feel you would like to serve in either of these ministries, or just have questions, please feel free to contact Nita Martin at <u>martinni@cox.net</u> or by phone, 623-398-4843. You may also contact Canon Timothy at <u>timothy@adventepiscopaz.org</u> or at the office 623-584-0350. Training will be provided.

Advent is a very vibrant church with many opportunities to serve, using our gifts for ministry. If you would like to become more involved but don't know who to ask, contact a member of your vestry. Their names and contact information are available on our website <u>www.adventepiscopalaz.org</u>.

Blessings,

Nita Martin



February Donations:

Food = 54 lbs. Year To Date Food = 104 lbs.

Dollars = \$ 1,052 (Thanks to all for your generous contribution on " Souper Sunday") + \$ 120 = \$ 1,172

Year To Date Dollars = \$1,302



Episcopal Church Women E C W NEWS

Project Re-Runway A Huge Success

Comedy was central to the theme at this year's fashion show chaired by Sharon Mather and Grace Roumell. Gwendolyn (Pat Kindle) returned to share the emcee duties with Canon Timothy. She was accompanied by some of her designer "friends", wearing some very unique designer clothes, who also shared the runway with Advent fashionistas.

A Champagne lunch preceded the event. Barb Wolfe and Betty Pettit planned the lunch and some handsome servers from the men's club poured the champagne and served the food. Tables were decorated in festive and bright colors with fresh flowers. The decorations were planned by Mari Cicola.

A big success was the raffle for the "Money Hat" worn by Margaret Cwieka and fashioned by Judy Purdy with flowers made from \$130 in cash. The winner was Marilyn Alcomo, who then donated the money to Helping Hands.

Following the runway show, attendees shopped in the Advent Attic. Again this year the items were artfully displayed with a boutique theme.

A special THANK YOU to ALL who worked to make this a success – to all of you who sold tickets, contributed clothes and boutique items, helped set up, display, decorate, prepare food, serve, model, and clean-up. Also, thank you to all who supported the event by attending.

RUMMAGE SALE

A very special thank-you to the chairmen of this year's rummage sale - Arlene Arnold, Barbara Childs, John Long, and Chuck Smith. With your guidance it was a well-oiled machine. This is an all out effort at Advent and the long hours put in by some very dedicated people to sort and set up was sincerely appreciated.

Thank you too, to the many workers on the days of the sale. All of our efforts combined provide much needed outreach funding by ECW and the Men's Club to our community and needs in our church.

MARCH GENERAL MEETING AND LUNCHEON

We are pleased to announce nominees for new officers for the coming year; Joyce Rozon for president, Barb Wolfe for vice-president, Sharon Navratil for secretary, and Karen Andrews for Treasurer. These nominations will be presented at the March 16 meeting for your approval.

Further details of the luncheon are outlined elsewhere in the Luminary.

2017 Project Re-Runwaw















Newcomers' News

The first 6 weeks of 2017 have been very busy and we have welcomed 17 new members to the Advent community! Our new members are Howie and Jan Mann, Bill and Bonita Nordstrom, Victor Quinet, Fr. Brian and Judy Couvillion, Dr. Don McCune and Loretta Blewett, Elisabeth Antoun, Rev. Gary, Heather and Allison Nicolosi, Bill Navratil, Arras Anne Moffat, Cindy Truppe, and Elise Stewart. Please welcome them.

If you have friends who are looking for a welcoming church family, please invite them to our services and activities – many of our new members were introduced to Advent by friends and we have several dinners and concerts coming up.

If you are interested in joining our ministry, please contact me – we always welcome new people. Pat Carroll



PRAYER SHAWLS – Did you know that we have a prayer shawl ministry? Shawls are knit or crocheted by Advent parishioners and given to any person in need of comfort and warmth and prayers. We are running low on prayer shawls. We will provide you the yarn and directions for knitting or crocheting a prayer shawl. For more information please contact Babs Vaughan (623) 474-3862

SPRING UTO

The Spring UTO ingathering in support of the important mission work of our church will be on Sunday March 19. The UTO boxes are in the Narthex and the envelopes will be available in the pews.

We collected \$762 in the fall and I'm hoping we can surpass that this spring!!

Please open your hearts to the ongoing need for funds to enable the National Church to fulfill its mission work here and abroad.

THANK YOU

Paula Bachman, UTO Chairman



ADVENT KITCHEN SPRING CLEANING: Help Needed. March 20th, at 11:00 o'clock or any day or time at your convenience. Choose a time, bring a buddy or a crew. Sign-up sheet and details in the kitchen or contact Joyce Rozon.

Upcoming Community Concerts



Advent's Marketing team presents an exclusive performance of Country Western songs by Joni Harms on Sunday March 5th at 3pm.

Joni has been praised for her pure country voice. No stranger to success, she has been a winner of multiple *Academy of Western Artists Awards*, including Entertainer of the Year in 2002. She has performed at the *Grand ole Opry and Carnegie Hall* also she has toured in Europe last summer.

Tickets are on sale for \$10.00 each and may be purchased in advance at the church office during regular business hours (Monday-Thursday 8am to 3pm) and tickets are available around worship services on Sundays.

Save the Date

April 2nd-Voices of Advent Concert, directed by Jill Tabata, will entertain us with their beautiful voices with a free concert in the church at 3pm.





A fantastic performance by the Sun Cities Chamber Orchestra was enjoyed by many on Sunday February 5th. The Valley View Food Bank and the Chamber Orchestra appreciated the food and financial contributions.



Clare of Assisi Chapter

We have been enjoying our program this year which is the study of the Fruit of the Spirit which is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and s elf-control.

(Gal. 5:22-23) We have been working in groups of two or three in some cases and have had some wonderful presentations and discussions on these attributes. It helps us to remember how we need to live our lives and that is centered in Christ. Practicing the Fruit of the Spirit keeps us on the right pathway.

The Daughters of the King will once again be offering Stations of the Cross every Friday during Lent beginning March 3rd at 12:00 and continuing through April 7th. We have also decided to ask everyone who attends and wishes to do so to bring a brown bag lunch and join us in Paine Hall after the Stations for fellowship and what we are calling Table Talk. It will be a chance to hear a short meditation and an opportunity to discuss it. We hope you will join us. If you are interested in becoming a member of this order we have material we can give you to look over and would be happy to answer any questions you may have.

Please call Sharon Mather, 623-214-0154 if we can assist you.



\$10.00 and can be purchased March 5th speak on "How our church bloomed as Sun Cities Area Historical Society, will Speaker, Connie McMillin, member of the suncitygrande@gmail.com and 3:00p Mon-Thurs. If you would be and 12th after the 8 a.m. service and Sun City West grew." Tickets will be March 16th at 11:30 a.m. in Paine Hall. MEETING will be held on Thursday, Carter-Diers at (623-398-7866) or email help with clean-up, please contact Trish willing to help sell tickets, set up, serve or in the church office between 9:00 a.m. before and after the 10:00 a.m. service or The ECW SPRING LUNCHEON & GENERAL Date

Save the

beople. Jokla a plothing will be dist Der Rev Dombek and the wonderful oun 202 BYLAS PROJECT, TO HELP MAKE A BLESSED HOLLIDAY FOR SOME FAMILY ! IN SERVING OTHERS, FOR YOUR GOODNESS AND GENEROSITY IN HELPING WITH ALL SAINTS Wanker THANK YOU FOR YOUR SERVICE Advent Episcopal Church, 411 Salur Sincere thanks and bloodings to you b in 2017,1 you b has Coned gu 5021 5 6 54 have been overwhelmed 4 for your generosity control 402 those most in need, a bleast on the gift of families and T hose Se project + ids were very gave Episcopal Clurch then in the All Salits 54 80 Leits + 3



March



Betty Riley March 1 Barbara Winterbottom March 1 Helen Scharschan March 2 Doris Latino March 3 Evelyn Meyer March 3 Karen Thomas March 3 Tommy Smock, Jr March 4 Susanne Seme March 6 Joseph Antoun March 8 Jeffrey Hyatt March 8 Grace Overton March 8 Patricia Carroll March 9 Christine Winandy March 11 Roger Cooper March 12 Brian Couvillion March 13 Mary Jayne Swallow March 13 Leonard Turner March 13 Constance Forrest March 14 Dorothy Eckstrom March 15 Robert Sola March 16 Patricia Stewart March 16 Richard Arnold March 17 Muriel Christensen March 17 Elizabeth Toney March 17

Beth Dombek March 19
Max Hawk March 19
Pat Kindle March 19
Amanda Weese March 21
Jeanne Peelle March 22
Norman Kelln March 24
Christine Turner March 24
Marguerite Evans March 25
Shannon McLaren March 26
Patricia Carter-Diers March 28
Goeta Bird March 29



Pete & Doris Latino,March 11Joseph & Carol Marquis,March 18Michael & Harriet Thurstlic, March 19Dick & Jeanne Sulley,March 21George & Susie Ralston,March 27Mike & Pat Kindle,March 30Jack & Charlotte Stiehl,March 30

Our sincere condolences to the family of Sharon Besser

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			1 Altar Guild 9:00 AM Parish Visitors - 10:30 AM Balance & Strength exercise class 12:00 PM Ash Wednesday Service 2:00 PM EfM 5:00 PM Ash Wednesday Service 6:00 PM Soup Supper Following healing service	2 10:00 AM Al Anon - North hall 11:30 AM Outreach Lunch & Laughs - Paine Hall 8:00 PM AA Variety Group	3 9:00 AM Win & Lose - North hall 12:00 PM Stations of the Cross - brown bag lunch and Cross - brown bag lunch and 2:30 PM JaniKing Cleaning 2:30 PM JaniKing Cleaning services	4 8:30 AM Altar Guild
5 8:00 AM Holy Eucharist-no music 8:30 AM Choir practice - North Hall 9:05 AM Lectionary Bible Study - Paine Hall 10:00 AM Holy Eucharist with Music & Sermon 3:00 PM Joni Harms Concert	6 8:30 AM Helping Hands Kitchen & Paine Hall 2:00 PM Al Anon - North Hall	7 8:00 AM Men's Club Regular Mtg - Paine Hall 2:00 PM Newcomer's meeting- conf. room	 8 Altar Guild 9 300 AM ECW Board Meet exercise class 2:00 PM EfM 4:00 PM Jesus, scripture and the Twilight Zone study - Paine 10:00 AM Al Anon - North I 10:00 AM Ministry Schedul Pro Training - Paine Hall Panointing 6:00 PM Lenten Study & Soup Supper following Healing Service 	 9 9:00 AM ECW Board Meeting - Conference Room 10:00 AM Al Anon - North hall 10:00 AM Ministry Schedule Pro Training - Paine Hall 8:00 PM AA Variety Group 	10 9:00 AM Win & Lose - North hall 12:00 PM Stations of the Cross - brown bag lunch and Table Talk following 2:30 PM JaniKing Cleaning services	11 8:30 AM Altar Guild 9:00 AM Quiet Day
12 8:00 AM Holy Eucharist-no music 8:30 AM Choir practice - North Hall 9:05 AM Lectionary Bible Study - Paine Hall 10:00 AM Holy Eucharist with Music & Sermon 11:30 AM Outreach meeting - North Hall	13 8:30 AM Helping Hands Kitchen & Paine Hall 2:00 PM Al Anon - North Hall	14	15 Altar Guild LUMINARY DEADLINE - adventluminary@cox.net 10:30 AM Balance & Strength exercise class 2:00 PM EfM - 2:00 PM Luncheon Setup 5:00 PM Holy Eucharist with Anointing 6:00 PM Lenten Study & Soup Supper following Healing Service	16 9:00 AM Finance Committee Conf. Room 10:00 AM Al Anon - North hall 11:30 AM ECW General Meeting and Luncheon 8:00 PM AA Variety Group	17 9:00 AM Win & Lose - North hall 12:00 PM Stations of the Cross - brown bag lunch and Table Talk following 2:30 PM JaniKing Cleaning services	18 8:30 AM Altar Guild 5:00 PM St. Patrick's Day Dinner
19 8:00 AM Holy Eucharist-no music 8:30 AM Choir practice - North Hall 9:05 AM Lectionary Bible Study - Paine Hall 10:00 AM Holy Eucharist with Music & Sermon 11:30 AM DOK meeting - North Hall	20 8:30 AM Helping Hands Kitchen & Paine Hall 2:00 PM Al Anon - North Hall	21 9:00 AM Men's club social breakfast - Trivoli Gardens	22 Altar Guild 10:30 AM Balance & Strength exercise class 2:00 PM EfM - 4:00 PM Jesus, scripture and the Twilight Zone study - Paine Hall 5:00 PM Holy Eucharist with Anointing 6:00 PM Lenten Study & Soup Supper following Healing Service	23 8:30 AM Prepare-Enrich Training event 10:00 AM AI Anon - North hall 8:00 PM AA Variety Group 8:00 PM AA Variety Group	24 9:00 AM Win & Lose - North hall 12:00 PM Stations of the Cross - brown bag lunch and Cross - brown bag lunch and Table Talk following 2:30 PM JaniKing Cleaning services	25 8:30 AM Altar Guild
26 8:00 AM Holy Eucharist-no music 8:30 AM Choir practice - North Hall 9:05 AM Lectionary Bible Study - Paine Hall 10:00 AM Holy Eucharist with Music & Sermon 11:30 AM Vestry Meeting - North hall	27 8:30 AM Happy Hat Hookers Kitchen & North Hall 2:00 PM Al Anon - North Hall	28	29 Altar Guild 10:30 AM Balance & Strength exercise class Euchanist with Anointing 6:00 PM Lenten Study & Soup Supper following Healing Service	30 30 30 30 30 30 30 31 300 AM Win & Lose - North hall 12:00 PM Stations of the Cross - brown bag lunch anc Table Talk following 2:30 PM JaniKing Cleaning services	31 9:00 AM Win & Lose - North hall 12:00 PM Stations of the Cross - brown bag lunch and Table Talk following 2:30 PM JaniKing Cleaning services	

Return address Advent Episcopal Church 13150 Spanish Garden Drive Sun City West, AZ 85375

Church Leadership

The Rt. Rev. Kirk S. Smith, Bishop of Arizona The Rev. Canon Timothy M. Dombek, Rector The Rev. Janet Gooltz, Assisting Priest The Rev. Meg Lewis, Deacon Sharon Mather, Licensed Lay Pastoral Care Minister Karin Williams, Licensed Lay Pastoral Care Minister Carrie Macon, Parish Administrator (623) 584-0350 Jill Tabata, Organist/Music Director Carrie Macon, Luminary Editor adventluminary@cox.net

Advent Vestry Officers

Dianne Diaz, Senior Warden	623- 734-7180	
Harry Roumell, Junior Warden	360-580-9202	
Neil Haskell, Treasurer	402-677-9226	
Paula Bachman, Clerk	476-8989	
Members		
Jan Hendrix	785-224-3559	
Pat Kindle	623-202-3505	
John Long	928-252-6438	
Joe Marquis	623-584-4648	
Sharon Navratil	623-544-4390	
Herb Norton	623-975-6896	
Sharon Paine	623-512-2616	
Diane Prueher	623-258-9133	

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