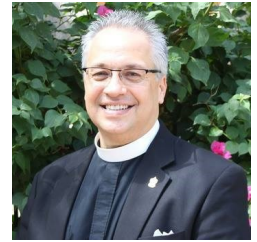




DOING THE WORK YOU HAVE GIVEN US TO DO

One of the many tasks that a vestry is asked to do is to prepare for the unexpected things that sometimes—if only rarely—might occur in the life of the parish, and have a plan in place to address those unexpected events. To that end, this past February, your vestry went on an off-our-campus day-long retreat at All Saints of the Desert Episcopal Church in Sun City. Meeting in their library, we began the necessary process of imagining and creating a detailed response plan in the unlikely event of a disaster at Advent, in Sun City West, or in the neighboring area.



We say unlikely because we hope and pray that our future will be as “unexpected event” free as our past 38 years have been—thanks be to God! But as we all too well know fires can happen in a church (or in a neighboring church, or in a residential care facility, and on and on); storms can destroy buildings; trains can derail and spill toxic or flammable fluids; planes crash—even military aircraft on training maneuvers; and saddest of all—yet a reality in this country, in this 21st century—a madman can enter a church with a gun and kill worshippers. What would we do as a parish if one of these events happened, especially the last one? It is for these unlikely but entirely possible scenarios that your vestry—with the help of our affiliated clergy: Janet Gooltz, Debbie Greenleaf, and Sandy Chilese; and parish nurse, Pat Carroll—has been hard at work fashioning a “Preparedness Planning Guide” for Advent Episcopal Church.

Fortunately, the Office of the Bishop of the Diocese of Arizona has a staff person trained in helping congregations do just this kind of work—yet another benefit of our mission share that we pay to support the broader church each month. The Episcopal Church Center in New York City provides resources, too, in a set of already created checklists for congregations of various sizes to use in their planning process—and our vestry is following this procedure with great success.

A few steps remain for us to complete the entire planning process, and we expect that to finish up this fall. Upon completion, we will convey the plan to the parish through a communication process we haven’t quite finalized yet. But you will be hearing of this plan, and how it might affect you and your household at Advent, in the unlikely, but entirely possible, event of an emergency that affects our congregation. Disaster planning by the vestry is part of “doing the work you have given us to do” that we say in the post-communion prayer in the Eucharistic liturgy. It is hard work, but necessary.

All of us at Advent should be proud of the work our vestry, our parish nurse, and our affiliated clergy, have put into this process. When you see one of them, I encourage you to thank them for their hard work. In addition to those mentioned above, our vestry is: *Sr. Warden*, Dianne Diaz; *Jr. Warden*, Harry Roumell; Bob Fletcher; Jan Hendrix; *Treasurer*, Neal Haskell; Pat Kindle; Sharon Navratil; *Clerk*, Flavia Nomicos; Herb Norton; Sharon Paine; and Diane Prueher. Thank you vestry members and others for your leadership and planning on behalf of the future safety of all of us at Advent Episcopal Church.

Blessings and peace, Timothy+



THANK YOU HARRY AND GRACE ROUMELL –

During the second week of July, Harry and Grace worked endless hours getting new flooring installed and baseboards painted for many rooms in the parish office. Earlier in the year we had much water/carpet damage; with the replacement funds from insurance, Harry and Grace have updated and installed beautiful flooring.

We greatly appreciate it!!



August Outreach

With the Dog Days of Summer approaching, we fill our time with finding ways to keep cool. Enjoy and relax! But please be mindful that the needs within God's community never end.

Here at Advent we are grateful for the opportunity to offer our blessings of time, money and much needed supplies for the Dysart Community Center in El Mirage. By offering year round support for youths and adults, the staff at Dysart and volunteers help with life enriching programs that include English Language instruction, GED programs, and summer school. And on the first Saturday of every month, Dysart sponsors a free food distribution site.

It's hard to believe that school starts again on August 2nd. The Dysart Community Center has informed us that they would like to provide the necessary school supplies for the elementary school-aged children in their area. The first Saturday will fall on August 4th. They are expecting well over 100 children needing assistance this year! While another church is collecting these items as well, we too would like to ask our congregation to help with donations of school supplies for the children.

Ticonderoga pencils
Pocket folder with prongs
Spiral notebooks
College-ruled notebook paper
Glue sticks
Boxes of crayons
Colored pencils
Backpacks

Pink erasers
Highlighters (especially yellow)
Rulers
Pencil pouches

Please bring your donations to Advent no later than **Friday, August 3rd**!

Collection boxes are located just inside the office door and in Paine Hall. For questions or more information, please contact Deacon Debbie @ (208) 409-3517.

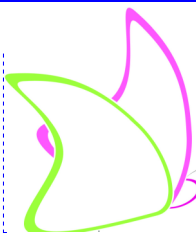
Newcomers News

Even though we are in the middle of a hot summer and monsoon season, we continue to add new members to our Advent community. Recently Bill Rodefeld, Dick and Andrea Ruder, and Joan Bedette have joined us officially. Please give them a warm, Advent welcome! Advent continues to grow our numbers – thus far this year we have added 11 new households with 15 new members.

If you are interested in joining our ministry, please contact me!
Blessings, Pat Carroll



THE CHOIR IS CALLING!—The Advent choir resumes regular weekly rehearsals on Sunday morning, August 19th, at 8:30 AM in Paine Hall. Anyone who would like to join us is welcome! We welcome singers at any time during the year.



Bosom Buddies of AZ—Breast Cancer Support Meeting—The second Tuesday of every month. The next meeting will be Aug. 14th @ 1pm in Paine Hall. Everyone from family members, friends, caregivers, and neighbors is welcome to attend. Bosom Buddies is an organization of caring volunteers who have personal experience dealing with the challenges of breast cancer. Their mission is to provide support through the sharing of common experiences and knowledge. For more information call Flavia Nomicos 623-322-3247

STEWARDSHIP OF OUR PHYSICAL HEALTH

To be a steward/disciple is to be aware of all the gifts God has entrusted to you, and then to care for them and use them wisely for God's purposes. This month we focus on our bodies. God has given each of us a physical body that, like an automobile, is a complex vehicle carries us along our road of life. To live the fullest life possible, like our cars, we need to take good care of our bodies.

Evidence suggests that we in the United States have significant room for improvement. The World Health Organization ranks the United States 31st for life expectancy on a ranking of 188 nations. And we are higher in our rates of cancer, obesity, diabetes, heart disease and other chronic medical conditions than many other developed nations.

Of course, everybody gets sick sometimes, and many of us suffer from health problems that have nothing to do with how well we are taking care of ourselves. Genetics play an important role in our health, as do environment and other factors.

With so many variables over which we have *no control*, it's important that we do our best with the variables we *can* control.

For August, dedicate yourselves to being a better steward of your body. Even if you are in generally good health now, you can always improve. Here are some ideas:

Get a physical. Once your doctor has checked your cholesterol, blood sugar, blood pressure, body-mass index and other important markers of health, she can help set priorities and make a plan.

Move it! Studies show that even small amounts of exercise improve health and wellbeing. Ask your doctor how much exercise is safe for you to start – or how fast you can ramp up.

Go on a diet. The dreaded “D” word. Fact is, our eating habits comprise our diet; the only question is whether it's leading us to better or worse health. Learn about the nutritional value of the foods you now eat, and explore choices that are more healthful. Ask your doctor for recommendations.

Stop smoking. It's the number one preventable health risk. Smoking is linked to cancers, high blood pressure, heart disease and other problems.

Sleep. Doctors say getting eight hours of shuteye does wonders for body and mind.

Pray and meditate. Spiritual disciplines lower your stress, which improves physical health, too.

God gave us wonderful bodies to carry us through our life's journey of discipleship. The better we care for it, the more fruitful our journey will be.

--Rob Blezard

SUMMER SUNDAY LITURGICAL NOTES

Dear People of Advent:

On certain Sundays this summer the Nicene Creed will be read from *The Book of Common Prayer* --if you need it at all. This happens because the length of the lessons some weeks does not permit its inclusion in a four page service bulletin. Thank you in advance for understanding this minor inconvenience.

Musical presentations by the choir and guest musicians, including preludes and postludes by our parish musician (and all sermons by the clergy, for that matter), in the context of sacred liturgical worship are *offerings to God*, not performances or speeches. Therefore, we ask you kindly to *please refrain from applauding following musical pieces and sermons*. A softly spoken, "Amen," would be an appropriate response. Is applause ever appropriate on Sunday morning? **Yes!** We can absolutely clap to honor birthdays, anniversaries, and other holy life moments that we celebrate or observe following the Peace. *Thank you for your cooperation.*

Lastly, at the 10:00AM service; while the Advent choir is on summer hiatus, we as a congregation will sing a "fraction hymn" each month following the breaking of the bread. These hymns are listed in the bulletin, but are also printed on the white folded card in the book rack of each pew. The fraction hymn for August is L155, *This Is My Body*. As the music covers two pages for this hymn, it is found on the inside of the white folded card in the pew rack. ***Please join in the singing!***

Blessings, Timothy+



Advent Bell Choir will start on Thursday, September 13 at 10:00 in the sanctuary. This will be a weekly rehearsal. Our church has been fortunate to be loaned a 2-octave set of chimes by Doug Benton of Malmark. We will have these chimes for the months of September and October to try out. A 2-octave set of resonator bells has also been donated to Advent by Mighty Fortress Lutheran Church in Kettering, Ohio. If you are interested in participating in the Bell Choir and did not sign up in the office, please contact Lynn Turner at 623-215-8981 and leave a message.



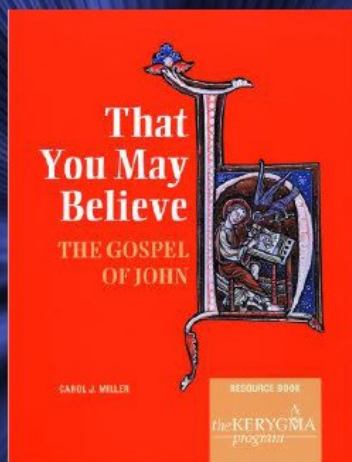
Thank You!
Alice Goss

Aug 12th we will have a pot luck brunch after the 10 AM Service. The **second Sunday's of the month** will be an opportunity for all of us to bring healthy Brunch items to share with each other after the 10 A.M. Service.

- ◆ Last names A-G Main Dish
- ◆ Last name H-M Desserts
- ◆ Last names N-S Appetizers / egg dish
- ◆ Last names T-Z Salads / fruit

JOURNEY INTO KNOWING JESUS

Spiritually Attuned
Stunningly Beautiful Insights
Signs and Wonders



Darkness and Light
Blindness and Sight
Death and New Life

EXPERIENCE AN UP-CLOSE AND PERSONAL LOOK AT CHRIST'S IDENTITY

Two seven week sessions on Thursdays at 1:30 to 3:30
Oct. 4th to Nov. 15th 2018 and Jan 10th to Feb. 22nd 2019

An interest sheet is in the church office . Cost of the workbook is \$22.
For more information, contact Russ Brumagin (rbinazoror@msn.com) or
Father Brian Couvillion (bncouvillion@gmail.com)

2018 Food Bank Donations—Please bring your items the first Sunday of each month.

Please NO Glass or expired food items. - *Thank you!*

Aug	Canned Vegetables
Sept	Soups & Stews
Oct	Rice
Nov	Pasta
Dec	Beans



July Donations:



Food	=	66 lbs.
YTD	=	854 lbs.
Dollars	=	\$ 105
YTD	=	\$ 837

HAPPY BIRTHDAY!

Marie Boyd August 01	Michael Thurstlic August 11	Jean Sax August 22
Marie Farmer August 01	John Jacobsen August 14	Michael Swallow August 22
Donna Continis August 02	Jeanne Sulley August 14	Nancy Grout August 23
Gabriele Somerville August 04	Janet Adams August 15	Andrea Ruder August 25
Dorothy Ayan August 05	Betty Sturm August 15	James Forrest August 28
Richard Ruder August 07	Susan Kelln August 17	Alice Goss August 29
Victor Quinet August 08	Donald McCune August 19	Emily Peterson August 29
Loretta Blewett August 09	Olivette Miller August 20	Dorothea Reinerth August 30
Cecily Sola August 09	William Navratil August 20	Judith Couvillion August 31
Janet Shaw August 10	Nancy Bell August 21	Ernest Mills August 31
Robert Carson August 11	Carl Deiner August 21	
Sigrid Cox August 11	Bonnie Jacobs August 22	



Mulac, Pamela & George Larsen, August 08
Jerry & Grace Overton, August 09
John & Muriel Erickson, August 11
Max & Jane Hawk, August 12
Rex & Sharon Mather, August 15
The Rev. Meg Lewis, & William Headden, August 21
Harry & Grace Roumell, August 22
Lawrence & Patty Deutsch, August 25
Warren & Jean Sax, August 25
Phil & Mary Reister, August 27
John & Carol Teays, August 30

Happy Anniversary

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Altar Guild 9:00 AM Parish Hall Visitors - North Hall 5:00 PM Holy Eucharist with Anointing	2 10:00 AM Al Anon - North Hall 8:00 PM AA Variety Group	3 7:30 AM Win & Lose - Paine Hall 2:30 PM JaniKing Cleaning services	4 8:30 AM Altar Guild 2:00 PM Sunday Food & Fellowship Setup- Paine hall/Kitchen
5 8:00 AM Holy Eucharist-no music 9:00 AM Lectionary Bible Study - Conf. Room 10:00 AM Holy Eucharist with Music	6 8:30 AM Helping Hands Kitchen & Paine Hall	7	8 Altar Guild 5:00 PM Holy Eucharist with Anointing	9 9:30 AM Pastoral Care Council - conf room 10:00 AM Al Anon - North Hall 2:00 PM Parish Discernment Committee - North Hall 8:00 PM AA Variety	10 7:30 AM Win & Lose - Paine Hall 2:30 PM JaniKing Cleaning services	11 8:30 AM Altar Guild 2:00 PM Sunday Food & Fellowship Setup- Paine hall/Kitchen
12 8:00 AM Holy Eucharist-no music 9:00 AM Lectionary Bible Study - Conf. Room 10:00 AM Holy Eucharist with Music 2:00 PM NW Valley Friends of IANDS	13 8:30 AM Helping Hands Kitchen & Paine Hall	14 1:00 PM Bosom Buddies-Breast Cancer support, education, advocacy - North Hall	15 Altar Guild LUMINARY DEADLINE 5:00 PM Holy Eucharist with Anointing	16 9:00 AM Finance Committee conf. room 10:00 AM Al Anon - North Hall 8:00 PM AA Variety Group	17 7:30 AM Win & Lose - Paine Hall 2:30 PM JaniKing Cleaning services	18 8:30 AM Altar Guild 2:00 PM Sunday Food & Fellowship Setup- Paine hall/Kitchen
19 8:00 AM Holy Eucharist-no music 9:00 AM Lectionary Bible Study - Conf. Room 10:00 AM Holy Eucharist with Music	20 8:30 AM Helping Hands Kitchen & Paine Hall	21 9:00 AM Men's club social breakfast - Tivoli Gardens 11:00 AM Journey Mentor Meeting - Conf. Room	22 Altar Guild 5:00 PM Holy Eucharist with Anointing	23 10:00 AM Al Anon - North Hall 8:00 PM AA Variety Group	24 7:30 AM Win & Lose - Paine Hall 2:30 PM JaniKing Cleaning services	25 8:30 AM Altar Guild 2:00 PM Sunday Food & Fellowship Setup- Paine hall/Kitchen
26 8:00 AM Holy Eucharist-no music 9:00 AM Lectionary Bible Study - Conf. Room 10:00 AM Holy Eucharist with Music 11:30 AM Vestry Meeting - North hall	27 8:30 AM Happy Hat Hookers Kitchen & North Hall	28 11:00 AM Journey Mentor Meeting - Conf. Room	29 Altar Guild 5:00 PM Holy Eucharist with Anointing	30 8:00 AM Prep for Vet Program - Kitchen 10:00 AM Al Anon - North Hall 8:00 PM AA Variety Group	31 7:30 AM Win & Lose - Paine Hall 8:00 AM Prep for Vet Program - Kitchen 2:30 PM JaniKing	1 8:30 AM Altar Guild 2:00 PM Sunday Food & Fellowship Setup- Paine hall/Kitchen

Return address
Advent Episcopal Church
13150 Spanish Garden Drive
Sun City West, AZ 85375

Advent Episcopal Church Vision

Fewer lonely people, fewer hungry people; more peace, joy, and love in the lives of those we serve.

Church Leadership

The Rt. Rev. Kirk S. Smith, *Bishop of Arizona*

Rev. Canon Timothy M. Dombek, *Rector*

timothy@adventaz.org

AFFILIATED CLERGY (*non-stipendiary*)

Rev. Brian Couvillion

Rev. Canon Geoffrey Dibbs

Rev. Dr. Janet Gooltz

Rev. Sandy Chilese

Rev. Deacon Debbie Greenleaf

Rev. Deacon Meg Lewis

Sharon Mather, Licensed Lay Pastoral Care Minister

Ms. Karen S. Taylor, *Music Director*

Ms. Carrie Macon, *Parish Administrator*

carrie@adventaz.org

Advent Vestry Officers

Dianne Diaz, Senior Warden

Harry Roumell, Jr. Warden

Neal Haskell, Treasurer

Flavia Nomicos, Clerk

Members

Jan Hendrix

Pat Kindle

Sharon Navratil

Herb Norton

Sharon Paine

Diane Prueher

Bob Fletcher